



4. DJK Walking-Day  
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Sapsford, Donald

Club: BSG DSW21/DEW21  
Number: 21017

Course: 21.00 km  
21 km Walking

Total time: 2:44:24

Speed: 7.66 km/h

metres in height up: 486  
Course score: 28.29

performance score: 207 Points