



4. DJK Walking-Day  
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Kochskämper, Siegfried

Club: TV Beckum Wersewalker  
Number: 21115

Course: 21.00 km  
21 km Nordic Walking

Total time: 2:36:01

Speed: 8.08 km/h

metres in height up: 486  
Course score: 28.29

performance score: 219 Points