



4. DJK Walking-Day  
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Berlin, Maik

Club: Distel-Walker  
Number: 21118

Course: 21.00 km  
21 km Nordic Walking

Total time: 2:53:37

Speed: 7.26 km/h

metres in height up: 486  
Course score: 28.29

performance score: 196 Points