



4. DJK Walking-Day
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Czwikla, Karin

Club: TBS-Herne
Number: 21121

Course: 21.00 km
21 km Nordic Walking

Total time: 2:53:40

Speed: 7.26 km/h

metres in height up: 486
Course score: 28.29

performance score: 196 Points