



4. DJK Walking-Day
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Beier, Rudolf

Club: Distel-Walker
Number: 21112

Course: 21.00 km
21 km Nordic Walking

Total time: 2:55:51

Speed: 7.17 km/h

metres in height up: 486
Course score: 28.29

performance score: 194 Points