



4. DJK Walking-Day  
Lünen-Brambauer / 29.06.2014

Detailed evaluation

Beckert, Frank

Club: TBS-Herne  
Number: 21123

Course: 21.00 km  
21 km Nordic Walking

Total time: 3:07:20

Speed: 6.73 km/h

metres in height up: 486  
Course score: 28.29

performance score: 182 Points