



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Braun, Ina

Club: USV jena
Number: 301

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 12:25:59

Speed: 8.04 km/h
Running performance: 7:28 min/km

Rank in course/Total: 93 (of 272)

Rank in course/Women: 10 (of 40)

Best time in course: 10:03:10

Rank in category: 5(of 13)

Best time in the category: 11:38:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Glasbachwiese	27.39	3:17:13	7:12	5	27:59	13	49:04	27.39	3:17:13	7:12	5	27:59	21
Floh-Seligenthal	27.74	3:11:59	6:55	5	15:08	11	33:25	55.13	6:29:12	7:03	5	40:30	21
Finsterbergen	22.03	2:54:12	7:54	4	13:47	9	31:41	77.16	9:23:24	7:18	5	40:08	30
Fröttstädt	22.84	3:02:35	7:59	5	15:36	11	34:04	100.00	12:25:59	7:27	5	47:31	10 2:22:49