



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Fritz, Rainer

Club: VFL Engelskirchen
Number: 24

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 12:26:55

Speed: 8.03 km/h
Running performance: 7:28 min/km

Rank in course/Total: 94 (of 272)

Rank in course/Men: 84 (of 232)

Best time in course: 8:54:18

Rank in category: 23(of 67)

Best time in the category: 8:54:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:14:02	7:05	27	1:04:21	96	1:04:21	27.39	3:14:02	7:05	59		94	1:04:21
Floh-Seligenthal	27.74	2:59:56	6:29	16	37:54	63	40:39	55.13	6:13:58	6:47	59		94	1:42:15
Finsterbergen	22.03	3:03:38	8:20	25	51:24	93	57:10	77.16	9:17:36	7:13	57		88	2:33:39
Fröttstädt	22.84	3:09:19	8:17	20	58:58	81	1:05:39	100.00	12:26:55	7:28	23	3:32:37	84	3:32:37