



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

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Club: SV Normania Treffurt  
Number: 295

Course: 100.00 km  
Thüringen Ultra

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 12:32:11

Speed: 7.98 km/h  
Running performance: 7:31 min/km

Rank in course/Total: 98 (of 272)

Rank in course/Women: 11 (of 40)

Best time in course: 10:03:10

Rank in category: 6(of 14)

Best time in the category: 10:03:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	2:59:52	6:34	5	31:43	7	31:43	27.39	2:59:52	6:34	6	31:43	32	
Floh-Seligenthal	27.74	3:09:49	6:50	6	31:15	10	31:15	55.13	6:09:41	6:42	6	1:02:58	32	
Finsterbergen	22.03	3:05:29	8:25	7	42:58	13	42:58	77.16	9:15:10	7:11	6	1:40:31	21	
Fröttstädt	22.84	3:17:01	8:37	7	48:30	14	48:30	100.00	12:32:11	7:31	6	2:29:01	11	2:29:01