



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Martin, Alexandra

Club: TSV Prichsenstadt
Number: 141

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 12:37:00

Speed: 7.93 km/h
Running performance: 7:34 min/km

Rank in course/Total: 102 (of 272)

Rank in course/Women: 12 (of 40)

Best time in course: 10:03:10

Rank in category: 7(of 14)

Best time in the category: 10:03:10

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:22:17	7:23	7	54:08	19	54:08	27.39	3:22:17	7:23	7	54:08	33	0:06
Floh-Seligenthal	27.74	3:30:09	7:34	9	51:35	22	51:35	55.13	6:52:26	7:28	7	1:45:43	33	
Finsterbergen	22.03	2:59:44	8:09	6	37:13	12	37:13	77.16	9:52:10	7:40	7	2:17:31	32	
Fröttstädt	22.84	2:44:50	7:13	4	16:19	4	16:19	100.00	12:37:00	7:34	7	2:33:50	12	2:33:50