



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Blumensaat, Roland

Club: schritt-weise.de
Number: 161

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 12:51:09

Speed: 7.78 km/h
Running performance: 7:43 min/km

Rank in course/Total: 109 (of 272)

Rank in course/Men: 95 (of 232)

Best time in course: 8:54:18

Rank in category: 9(of 25)

Best time in the category: 10:20:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:35:12	7:51	19	1:03:18	178	1:25:31	27.39	3:35:12	7:51	17	7:00	107	1:25:31
Floh-Seligenthal	27.74	3:23:11	7:19	13	47:31	125	1:03:54	55.13	6:58:23	7:35	17		106	2:26:40
Finsterbergen	22.03	2:53:09	7:51	5	32:22	58	46:41	77.16	9:51:32	7:39	17		100	3:07:35
Fröttstädt	22.84	2:59:37	7:51	6	35:22	58	55:57	100.00	12:51:09	7:42	9	2:30:37	95	3:56:51