



8. Thüringer ULTRA

Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Pötschke, Michael

Club: GutsMuthsRSLV
Number: 126

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M35 (35-39 Jahre)

Total time: 9:40:54

Speed: 10.33 km/h
Running performance: 5:49 min/km

Rank in course/Total: 8 (of 272)

Rank in course/Men: 8 (of 232)

Best time in course: 8:54:18

Rank in category: 1(of 16)

Best time in the category: 9:40:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:34:54	5:39	3	8:23	20	25:13	27.39	2:34:54	5:39	1	-	8	25:13
Floh-Seligenthal	27.74	2:27:45	5:19	1	-	8	8:28	55.13	5:02:39	5:29	1	-	8	30:56
Finsterbergen	22.03	2:20:57	6:23	1	-	10	14:29	77.16	7:23:36	5:44	1	-	8	39:39
Fröttstädt	22.84	2:17:18	6:00	1	-	8	13:38	100.00	9:40:54	5:48	1	-	8	46:36