



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Schürmann, Rolf

Club: Wat läuft  
Number: 273

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M45 (45-49 Jahre)

Total time: 13:06:33

Speed: 7.63 km/h  
Running performance: 7:52 min/km

Rank in course/Total: 120 (of 272)

Rank in course/Men: 106 (of 232)

Best time in course: 8:54:18

Rank in category: 26(of 47)

Best time in the category: 9:33:21

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:02:59	6:40	23	39:09	81	53:18	27.39	3:02:59	6:40	7		117	53:18
Floh-Seligenthal	27.74	3:10:54	6:52	26	48:03	91	51:37	55.13	6:13:53	6:46	7		117	1:42:10
Finsterbergen	22.03	3:09:27	8:35	25	55:02	102	1:02:59	77.16	9:23:20	7:18	6		111	2:39:23
Fröttstädt	22.84	3:43:13	9:46	36	1:25:44	166	1:39:33	100.00	13:06:33	7:51	26	3:33:12	106	4:12:15