



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Ratzmer, Andreas

Club: Duesseldorf  
Number: 84

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M45 (45-49 Jahre)

Total time: 13:07:22

Speed: 7.62 km/h  
Running performance: 7:52 min/km

Rank in course/Total: 122 (of 272)

Rank in course/Men: 108 (of 232)

Best time in course: 8:54:18

Rank in category: 27(of 47)

Best time in the category: 9:33:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:36:24	7:54	39	1:12:34	183	1:26:43	27.39	3:36:24	7:54	8	3:49	120	1:26:43
Floh-Seligenthal	27.74	3:15:55	7:03	27	53:04	106	56:38	55.13	6:52:19	7:28	8		120	2:20:36
Finsterbergen	22.03	2:52:30	7:49	18	38:05	57	46:02	77.16	9:44:49	7:34	7		114	3:00:52
Fröttstädt	22.84	3:22:33	8:52	27	1:05:04	111	1:18:53	100.00	13:07:22	7:52	27	3:34:01	108	4:13:04