



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Czyrt, Jürgen

Club: AC Weinheim  
Number: 56

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M45 (45-49 Jahre)

Total time: 13:17:26

Speed: 7.52 km/h  
Running performance: 7:58 min/km

Rank in course/Total: 131 (of 272)

Rank in course/Men: 116 (of 232)

Best time in course: 8:54:18

Rank in category: 30(of 47)

Best time in the category: 9:33:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:28:21	7:36	33	1:04:31	153	1:18:40	27.39	3:28:21	7:36	11		127	1:18:40
Floh-Seligenthal	27.74	3:33:40	7:42	36	1:10:49	151	1:14:23	55.13	7:02:01	7:39	11	0:59	127	2:30:18
Finsterbergen	22.03	3:20:44	9:06	28	1:06:19	124	1:14:16	77.16	10:22:45	8:04	10		121	3:38:48
Fröttstädt	22.84	2:54:41	7:38	13	37:12	46	51:01	100.00	13:17:26	7:58	30	3:44:05	116	4:23:08