



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Fels, Stefan

Club: Lürrip City
Number: 286

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M45 (45-49 Jahre)

Total time: 9:49:27

Speed: 10.18 km/h
Running performance: 5:53 min/km

Rank in course/Total: 11 (of 272)

Rank in course/Men: 11 (of 232)

Best time in course: 8:54:18

Rank in category: 2(of 47)

Best time in the category: 9:33:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:26:28	5:20	2	2:38	6	16:47	27.39	2:26:28	5:20	26		12	16:47
Floh-Seligenthal	27.74	2:22:51	5:08	1	-	6	3:34	55.13	4:49:19	5:14	26		3	17:36
Finsterbergen	22.03	2:27:10	6:40	7	12:45	22	20:42	77.16	7:16:29	5:39	25		12	32:32
Fröttstädt	22.84	2:32:58	6:41	6	15:29	22	29:18	100.00	9:49:27	5:53	2	16:06	11	55:09