



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Kuno, Gerhard

Club: Lauffeuer Fröttstädt
Number: 267

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 13:49:33

Speed: 7.23 km/h
Running performance: 8:18 min/km

Rank in course/Total: 152 (of 272)

Rank in course/Men: 134 (of 232)

Best time in course: 8:54:18

Rank in category: 41(of 67)

Best time in the category: 8:54:18

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:34:36	7:50	53	1:24:55	176	1:24:55	27.39	3:34:36	7:50	8	1:54	146	1:24:55
Floh-Seligenthal	27.74	3:40:57	7:57	49	1:18:55	161	1:21:40	55.13	7:15:33	7:54	8	9:13	146	2:43:50
Finsterbergen	22.03	3:10:31	8:38	30	58:17	106	1:04:03	77.16	10:26:04	8:06	9		140	3:42:07
Fröttstädt	22.84	3:23:29	8:54	31	1:13:08	112	1:19:49	100.00	13:49:33	8:17	41	4:55:15	134	4:55:15