



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Boehl, Folker

Club: Essen  
Number: 34

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Total time: 13:49:47

Speed: 7.23 km/h  
Running performance: 8:18 min/km

Rank in course/Total: 153 (of 272)

Rank in course/Men: 135 (of 232)

Best time in course: 8:54:18

Rank in category: 42(of 67)

Best time in the category: 8:54:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:42:15	8:06	60	1:32:34	201	1:32:34	27.39	3:42:15	8:06	7	9:33	147	1:32:34
Floh-Seligenthal	27.74	3:28:27	7:30	43	1:06:25	134	1:09:10	55.13	7:10:42	7:48	7	4:22	147	2:38:59
Finsterbergen	22.03	3:35:50	9:47	49	1:23:36	162	1:29:22	77.16	10:46:32	8:22	8		141	4:02:35
Fröttstädt	22.84	3:03:15	8:01	16	52:54	67	59:35	100.00	13:49:47	8:17	42	4:55:29	135	4:55:29