



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

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Club: DUV Uerdingen
Number: 157

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 13:53:32

Speed: 7.20 km/h
Running performance: 8:20 min/km

Rank in course/Total: 157 (of 272)

Rank in course/Men: 138 (of 232)

Best time in course: 8:54:18

Rank in category: 43(of 67)

Best time in the category: 8:54:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:36:15	7:53	54	1:26:34	181	1:26:34	27.39	3:36:15	7:53	6	3:33	150	1:26:34
Floh-Seligenthal	27.74	3:32:19	7:39	45	1:10:17	143	1:13:02	55.13	7:08:34	7:46	6	2:14	150	2:36:51
Finsterbergen	22.03	3:18:52	9:01	36	1:06:38	120	1:12:24	77.16	10:27:26	8:07	7		144	3:43:29
Fröttstädt	22.84	3:26:06	9:01	33	1:15:45	119	1:22:26	100.00	13:53:32	8:20	43	4:59:14	138	4:59:14