



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Sekulla, Katrin

Club: LF Hochweiler  
Number: 39

Course: 100.00 km  
Thüringen Ultra

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 14:12:43

Speed: 7.04 km/h  
Running performance: 8:32 min/km

Rank in course/Total: 175 (of 272)

Rank in course/Women: 26 (of 40)

Best time in course: 10:03:10

Rank in category: 10(of 14)

Best time in the category: 10:03:10

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:34:09	7:49	10	1:06:00	25	1:06:00	27.39	3:34:09	7:49	11	1:06:00	8	11:58
Floh-Seligenthal	27.74	3:28:38	7:31	8	50:04	19	50:04	55.13	7:02:47	7:40	11	1:56:04	8	
Finsterbergen	22.03	3:36:33	9:49	10	1:14:02	31	1:14:02	77.16	10:39:20	8:17	11	3:04:41	8	
Fröttstädt	22.84	3:33:23	9:20	9	1:04:52	22	1:04:52	100.00	14:12:43	8:31	10	4:09:33	26	4:09:33