



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Müller, Gudrun

Club: IGL Viernheim  
Number: 198

Course: 100.00 km  
Thüringen Ultra

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 14:15:12

Speed: 7.02 km/h  
Running performance: 8:33 min/km

Rank in course/Total: 177 (of 272)

Rank in course/Women: 27 (of 40)

Best time in course: 10:03:10

Rank in category: 3(of 7)

Best time in the category: 12:52:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:40:57	8:04	2	25:07	27	1:12:48	27.39	3:40:57	8:04	3	25:07	9	18:46
Floh-Seligenthal	27.74	3:42:50	8:01	3	27:34	28	1:04:16	55.13	7:23:47	8:02	3	52:41	9	17:19
Finsterbergen	22.03	3:22:35	9:11	3	16:13	20	1:00:04	77.16	10:46:22	8:22	3	1:08:54	9	
Fröttstädt	22.84	3:28:50	9:08	2	13:33	20	1:00:19	100.00	14:15:12	8:33	3	1:22:27	27	4:12:02