



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Stoll, Gerd

Club: Lauftreff Asbach
Number: 38

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M45 (45-49 Jahre)

Total time: 14:16:20

Speed: 7.01 km/h
Running performance: 8:34 min/km

Rank in course/Total: 178 (of 272)

Rank in course/Men: 151 (of 232)

Best time in course: 8:54:18

Rank in category: 32(of 47)

Best time in the category: 9:33:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:32:35	7:45	34	1:08:45	163	1:22:54	27.39	3:32:35	7:45	1	-	163	1:22:54
Floh-Seligenthal	27.74	3:28:27	7:30	32	1:05:36	134	1:09:10	55.13	7:01:02	7:38	1	-	163	2:29:19
Finsterbergen	22.03	3:25:58	9:20	32	1:11:33	142	1:19:30	77.16	10:27:00	8:07	1	-	157	3:43:03
Fröttstädt	22.84	3:49:20	10:02	37	1:31:51	175	1:45:40	100.00	14:16:20	8:33	32	4:42:59	151	5:22:02