



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

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Club: Lauftreff Bali
Number: 304

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 14:21:00

Speed: 6.97 km/h
Running performance: 8:37 min/km

Rank in course/Total: 181 (of 272)

Rank in course/Men: 154 (of 232)

Best time in course: 8:54:18

Rank in category: 47(of 67)

Best time in the category: 8:54:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:36:57	7:55	55	1:27:16	185	1:27:16	27.39	3:36:57	7:55	2	4:15	166	1:27:16
Floh-Seligenthal	27.74	3:43:10	8:02	51	1:21:08	168	1:23:53	55.13	7:20:07	7:58	2	13:47	166	2:48:24
Finsterbergen	22.03	3:34:00	9:42	46	1:21:46	155	1:27:32	77.16	10:54:07	8:28	3		160	4:10:10
Fröttstädt	22.84	3:26:53	9:03	34	1:16:32	123	1:23:13	100.00	14:21:00	8:36	47	5:26:42	154	5:26:42