



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

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Club: Miltenberg
Number: 37

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 14:21:22

Speed: 6.97 km/h
Running performance: 8:37 min/km

Rank in course/Total: 183 (of 272)

Rank in course/Men: 156 (of 232)

Best time in course: 8:54:18

Rank in category: 19(of 25)

Best time in the category: 10:20:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:30:35	7:41	16	58:41	156	1:20:54	27.39	3:30:35	7:41	7	2:23	168	1:20:54
Floh-Seligenthal	27.74	3:43:38	8:03	19	1:07:58	171	1:24:21	55.13	7:14:13	7:52	7	12:11	168	2:42:30
Finsterbergen	22.03	3:30:55	9:34	18	1:10:08	151	1:24:27	77.16	10:45:08	8:21	7	19:00	149	4:01:11
Fröttstädt	22.84	3:36:14	9:28	17	1:11:59	141	1:32:34	100.00	14:21:22	8:36	19	4:00:50	156	5:27:04