



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Fiehring, Wolfgang

Club: LT Haunetal  
Number: 63

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M60 (60-64 Jahre)

Total time: 14:25:39

Speed: 6.93 km/h  
Running performance: 8:40 min/km

Rank in course/Total: 188 (of 272)

Rank in course/Men: 160 (of 232)

Best time in course: 8:54:18

Rank in category: 8(of 15)

Best time in the category: 12:04:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:21:52	7:22	6	22:13	132	1:12:11	27.39	3:21:52	7:22	9	3:27	172	1:12:11
Floh-Seligenthal	27.74	3:24:19	7:21	5	23:39	126	1:05:02	55.13	6:46:11	7:22	9	16:17	172	2:14:28
Finsterbergen	22.03	3:24:58	9:18	7	35:10	140	1:18:30	77.16	10:11:09	7:55	9	51:27	166	3:27:12
Fröttstädt	22.84	4:14:30	11:08	12	1:29:24	196	2:10:50	100.00	14:25:39	8:39	8	2:20:51	160	5:31:21