



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Schwarz, Alfred

Club: Wildeshausen  
Number: 238

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Total time: 14:25:43

Speed: 6.93 km/h  
Running performance: 8:40 min/km

Rank in course/Total: 189 (of 272)

Rank in course/Men: 161 (of 232)

Best time in course: 8:54:18

Rank in category: 49(of 67)

Best time in the category: 8:54:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:38:07	7:57	58	1:28:26	190	1:28:26	27.39	3:38:07	7:57	34	5:25	173	1:28:26
Floh-Seligenthal	27.74	3:33:02	7:40	46	1:11:00	145	1:13:45	55.13	7:11:09	7:49	34	4:49	173	2:39:26
Finsterbergen	22.03	3:37:50	9:53	51	1:25:36	170	1:31:22	77.16	10:48:59	8:24	10		167	4:05:02
Fröttstädt	22.84	3:36:44	9:29	42	1:26:23	143	1:33:04	100.00	14:25:43	8:39	49	5:31:25	161	5:31:25