



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

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Club: Team Vistec
Number: 225

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M45 (45-49 Jahre)

Total time: 14:36:40

Speed: 6.84 km/h
Running performance: 8:46 min/km

Rank in course/Total: 194 (of 272)

Rank in course/Men: 166 (of 232)

Best time in course: 8:54:18

Rank in category: 36(of 47)

Best time in the category: 9:33:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:27:27	7:34	32	1:03:37	149	1:17:46	27.39	3:27:27	7:34	17		179	1:17:46
Floh-Seligenthal	27.74	3:51:34	8:20	42	1:28:43	191	1:32:17	55.13	7:19:01	7:57	17	17:59	179	2:47:18
Finsterbergen	22.03	3:40:04	9:59	38	1:25:39	174	1:33:36	77.16	10:59:05	8:32	16	32:05	173	4:15:08
Fröttstädt	22.84	3:37:35	9:31	34	1:20:06	146	1:33:55	100.00	14:36:40	8:45	36	5:03:19	166	5:42:22