



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Kirchhoff, Jörg

Club: Hohe Tafel e.V.  
Number: 16

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M45 (45-49 Jahre)

Total time: 14:37:49

Speed: 6.84 km/h  
Running performance: 8:47 min/km

Rank in course/Total: 196 (of 272)

Rank in course/Men: 168 (of 232)

Best time in course: 8:54:18

Rank in category: 37(of 47)

Best time in the category: 9:33:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:35:03	7:51	37	1:11:13	177	1:25:22	27.39	3:35:03	7:51	18	2:28	181	1:25:22
Floh-Seligenthal	27.74	3:50:55	8:19	40	1:28:04	185	1:31:38	55.13	7:25:58	8:05	18	24:56	181	2:54:15
Finsterbergen	22.03	3:37:49	9:53	36	1:23:24	169	1:31:21	77.16	11:03:47	8:36	17	36:47	175	4:19:50
Fröttstädt	22.84	3:34:02	9:22	32	1:16:33	136	1:30:22	100.00	14:37:49	8:46	37	5:04:28	168	5:43:31