



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Diekmann, Tatjana

Club: Helios Iron Team
Number: 118

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 14:41:24

Speed: 6.81 km/h
Running performance: 8:49 min/km

Rank in course/Total: 197 (of 272)

Rank in course/Women: 29 (of 40)

Best time in course: 10:03:10

Rank in category: 11(of 13)

Best time in the category: 11:38:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:22:11	7:22	8	32:57	18	54:02	27.39	3:22:11	7:22	11	32:57	1	-
Floh-Seligenthal	27.74	3:44:17	8:05	11	47:26	30	1:05:43	55.13	7:06:28	7:44	11	1:17:46	1	-
Finsterbergen	22.03	3:42:47	10:06	12	1:02:22	32	1:20:16	77.16	10:49:15	8:24	11	2:05:59	1	-
Fröttstädt	22.84	3:52:09	10:09	12	1:05:10	31	1:23:38	100.00	14:41:24	8:48	11	3:02:56	29	4:38:14