



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Diekmann, Tatjana

Club: Helios Iron Team
Number: 118

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 14:41:24

Speed: 6.81 km/h
Running performance: 8:49 min/km

Rank in course/Total: 197 (of 272)

Rank in course/Women: 29 (of 40)

Best time in course: 10:03:10

Rank in category: 11(of 13)

Best time in the category: 11:38:28

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Glasbachwiese | 27.39 | 3:22:11 | 7:22 | 8 | 32:57 | 18 | 54:02 | 27.39 | 3:22:11 | 7:22 | 11 | 32:57 | 1 | - |
| Floh-Seligenthal | 27.74 | 3:44:17 | 8:05 | 11 | 47:26 | 30 | 1:05:43 | 55.13 | 7:06:28 | 7:44 | 11 | 1:17:46 | 1 | - |
| Finsterbergen | 22.03 | 3:42:47 | 10:06 | 12 | 1:02:22 | 32 | 1:20:16 | 77.16 | 10:49:15 | 8:24 | 11 | 2:05:59 | 1 | - |
| Fröttstädt | 22.84 | 3:52:09 | 10:09 | 12 | 1:05:10 | 31 | 1:23:38 | 100.00 | 14:41:24 | 8:48 | 11 | 3:02:56 | 29 | 4:38:14 |