



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Friedl, Mike

Club: LG Mauerweg  
Number: 237

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M60 (60-64 Jahre)

Total time: 14:53:21

Speed: 6.72 km/h  
Running performance: 8:56 min/km

Rank in course/Total: 201 (of 272)

Rank in course/Men: 172 (of 232)

Best time in course: 8:54:18

Rank in category: 9(of 15)

Best time in the category: 12:04:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:41:14	8:04	10	41:35	199	1:31:33	27.39	3:41:14	8:04	10	22:49	185	1:31:33
Floh-Seligenthal	27.74	3:47:14	8:11	9	46:34	180	1:27:57	55.13	7:28:28	8:08	10	58:34	185	2:56:45
Finsterbergen	22.03	3:38:50	9:56	10	49:02	172	1:32:22	77.16	11:07:18	8:38	10	1:47:36	179	4:23:21
Fröttstädt	22.84	3:46:03	9:53	9	1:00:57	172	1:42:23	100.00	14:53:21	8:56	9	2:48:33	172	5:59:03