



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Bethge, Annette

Club: LC RON-HILL Berlin e.V.  
Number: 137

Course: 100.00 km  
Thüringen Ultra

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 15:01:09

Speed: 6.66 km/h  
Running performance: 9:01 min/km

Rank in course/Total: 204 (of 272)

Rank in course/Women: 30 (of 40)

Best time in course: 10:03:10

Rank in category: 12(of 13)

Best time in the category: 11:38:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Glasbachwiese	27.39	3:47:36	8:18	12	32	58:22	1:19:27	27.39	3:47:36	8:18	12	32	58:22	1:19:27
Floh-Seligenthal	27.74	4:03:57	8:47	12	34	1:07:06	1:25:23	55.13	7:51:33	8:33	12	34	2:02:51	1:45:05
Finsterbergen	22.03	3:33:50	9:42	10	27	53:25	1:11:19	77.16	11:25:23	8:52	12	27	2:42:07	1:36:08
Fröttstädt	22.84	3:35:46	9:26	11	23	48:47	1:07:15	100.00	15:01:09	9:00	12	30	3:22:41	4:57:59