



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Michel, Susanne

Club: Sonneberg
Number: 299

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 15:48:56

Speed: 6.32 km/h
Running performance: 9:29 min/km

Rank in course/Total: 232 (of 272)

Rank in course/Women: 34 (of 40)

Best time in course: 10:03:10

Rank in category: 11(of 14)

Best time in the category: 10:03:10

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:53:25	8:31	12	1:25:16	36	1:25:16	27.39	3:53:25	8:31	12	1:25:16	16	31:14
Floh-Seligenthal	27.74	4:02:05	8:43	12	1:23:31	33	1:23:31	55.13	7:55:30	8:37	12	2:48:47	16	49:02
Finsterbergen	22.03	3:57:15	10:46	11	1:34:44	33	1:34:44	77.16	11:52:45	9:14	12	4:18:06	16	1:03:30
Fröttstädt	22.84	3:56:11	10:20	11	1:27:40	32	1:27:40	100.00	15:48:56	9:29	11	5:45:46	34	5:45:46