



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Deak, Andreas

Club: LG Mauerweg Berlin e.V.
Number: 279

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 16:05:44

Speed: 6.21 km/h
Running performance: 9:40 min/km

Rank in course/Total: 235 (of 272)

Rank in course/Men: 201 (of 232)

Best time in course: 8:54:18

Rank in category: 61(of 67)

Best time in the category: 8:54:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:56:53	8:38	64	1:47:12	219	1:47:12	27.39	3:56:53	8:38	22	24:11	214	1:47:12
Floh-Seligenthal	27.74	4:00:16	8:39	60	1:38:14	205	1:40:59	55.13	7:57:09	8:39	22	50:49	214	3:25:26
Finsterbergen	22.03	3:58:38	10:49	59	1:46:24	201	1:52:10	77.16	11:55:47	9:16	30	31:25	208	5:11:50
Fröttstädt	22.84	4:09:57	10:56	58	1:59:36	189	2:06:17	100.00	16:05:44	9:39	61	7:11:26	200	7:11:26