



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Prause, Christel

Club: streakrunner.de
Number: 121

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 16:48:03

Speed: 5.95 km/h
Running performance: 10:05 min/km

Rank in course/Total: 246 (of 272)

Rank in course/Women: 37 (of 40)

Best time in course: 10:03:10

Rank in category: 7(of 7)

Best time in the category: 12:52:45

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:46:35	8:16	5	30:45	31	1:18:26	27.39	3:46:35	8:16	7	30:45	19	24:24
Floh-Seligenthal	27.74	4:08:03	8:56	7	52:47	37	1:29:29	55.13	7:54:38	8:36	7	1:23:32	19	48:10
Finsterbergen	22.03	4:10:17	11:21	7	1:03:55	37	1:47:46	77.16	12:04:55	9:23	7	2:27:27	19	1:15:40
Fröttstädt	22.84	4:43:08	12:23	7	1:27:51	38	2:14:37	100.00	16:48:03	10:04	7	3:55:18	37	6:44:53