



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Thoma, Manfred

Club: LG Rippershausen
Number: 215

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M55 (55-59 Jahre)

Total time: 10:21:50

Speed: 9.65 km/h
Running performance: 6:13 min/km

Rank in course/Total: 22 (of 272)

Rank in course/Men: 21 (of 232)

Best time in course: 8:54:18

Rank in category: 2(of 25)

Best time in the category: 10:20:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:55:13	6:23	5	23:19	64	45:32	27.39	2:55:13	6:23	24		24	45:32
Floh-Seligenthal	27.74	2:41:35	5:49	2	5:55	25	22:18	55.13	5:36:48	6:06	24		24	1:05:05
Finsterbergen	22.03	2:20:47	6:23	1	-	9	14:19	77.16	7:57:35	6:11	24		22	1:13:38
Fröttstädt	22.84	2:24:15	6:18	1	-	14	20:35	100.00	10:21:50	6:13	2	1:18	21	1:27:32