



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

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Club: LWF Leipzig
Number: 204

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M50 (50-54 Jahre)

Total time: 10:42:50

Speed: 9.33 km/h
Running performance: 6:26 min/km

Rank in course/Total: 30 (of 272)

Rank in course/Men: 28 (of 232)

Best time in course: 8:54:18

Rank in category: 3(of 67)

Best time in the category: 8:54:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:34:49	5:39	5	25:08	18	25:08	27.39	2:34:49	5:39	50		31	25:08
Floh-Seligenthal	27.74	2:45:10	5:57	4	23:08	35	25:53	55.13	5:19:59	5:48	50		31	48:16
Finsterbergen	22.03	2:40:38	7:17	6	28:24	41	34:10	77.16	8:00:37	6:13	49		29	1:16:40
Fröttstädt	22.84	2:42:13	7:06	4	31:52	30	38:33	100.00	10:42:50	6:25	3	1:48:32	28	1:48:32