



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Schliep, Martina

Club: LG Mauerweg Berlin e.V.
Number: 207

Course: 100.00 km
Thüringen Ultra

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 11:38:28

Speed: 8.59 km/h
Running performance: 6:59 min/km

Rank in course/Total: 54 (of 272)

Rank in course/Women: 5 (of 40)

Best time in course: 10:03:10

Rank in category: 1(of 13)

Best time in the category: 11:38:28

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	2:49:14	6:10	1	-	3	21:05	27.39	2:49:14	6:10	1	-	26	
Floh-Seligenthal	27.74	2:59:28	6:28	3	2:37	7	20:54	55.13	5:48:42	6:19	1	-	26	
Finsterbergen	22.03	2:54:34	7:55	5	14:09	10	32:03	77.16	8:43:16	6:46	1	-	25	
Fröttstädt	22.84	2:55:12	7:40	2	8:13	7	26:41	100.00	11:38:28	6:59	1	-	5	1:35:18