



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

prins, jan

Club: aac 61  
Number: 159

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M50 (50-54 Jahre)

Total time: 12:01:21

Speed: 8.32 km/h  
Running performance: 7:13 min/km

Rank in course/Total: 66 (of 272)

Rank in course/Men: 58 (of 232)

Best time in course: 8:54:18

Rank in category: 14(of 67)

Best time in the category: 8:54:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:52:03	6:16	11	42:22	49	42:22	27.39	2:52:03	6:16	37		66	42:22
Floh-Seligenthal	27.74	2:56:40	6:22	11	34:38	53	37:23	55.13	5:48:43	6:19	37		66	1:17:00
Finsterbergen	22.03	2:56:26	8:00	16	44:12	74	49:58	77.16	8:45:09	6:48	37		61	2:01:12
Fröttstädt	22.84	3:16:12	8:35	24	1:05:51	94	1:12:32	100.00	12:01:21	7:12	14	3:07:03	58	3:07:03