



34. Kienberglauf  
Oehrenstock / 04.10.2014

## Detailed evaluation

**Kästner, Günther**

Club: LTV Erfurt  
Number: 504

Course: 11.00 km  
11 km Nordic Walking

Category:  
Männer

Total time: 1:31:57

Speed: 7.18 km/h  
Running performance: 8:22 min/km

Rank in course/Total: 2 (of 4)

Rank in course/Men: 1 (of 2)

Best time in course: 1:31:57

Rank in category: 1(of 2)

Best time in the category: 1:31:57