



34. Kienberglauf  
Oehrenstock / 04.10.2014

## Detailed evaluation

**Schmidt, Uwe**

Club: GMRLV  
Number: 867

Course: 16.00 km  
16 km Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:15:39

Speed: 12.69 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 7 (of 29)

Rank in course/Men: 7 (of 27)

Best time in course: 1:06:00

Rank in category: 2(of 3)

Best time in the category: 1:15:29