



34. Kienberglauf
Oehrenstock / 04.10.2014

Detailed evaluation

Michalk, Bernhard

Club: Rudolstadt

Number: 860

Course: 16.00 km

16 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:22:39

Speed: 11.62 km/h

Running performance: 5:10 min/km

Rank in course/Total: 14 (of 29)

Rank in course/Men: 14 (of 27)

Best time in course: 1:06:00

Rank in category: 3(of 6)

Best time in the category: 1:17:05