



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Mrosko, Uwe

Club: Angelsportverein 2000 e.V.
Number: 1307

Course: 21.10 km
Halbmarathon Nordic-Walking

Category:
Nordic Walking Männer

Total time: 2:48:14

Speed: 7.49 km/h
Running performance: 7:58 min/km

Rank in course/Total: 2 (of 10)

Rank in course/Men: 2 (of 4)

Best time in course: 2:40:34

Rank in category: 2(of 4)

Best time in the category: 2:40:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	1:25:21	8:03	2	5:38	2	5:38	10.60	1:25:21	8:03	2	5:38	2	5:38
Last lap Ziel Inse	10.50	1:22:53	7:53	2	2:02	2	2:02	21.10	2:48:14	7:58	2	7:40	2	7:40