



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Sernau, Annegret

Club: SV Chemie Guben
Number: 1301

Course: 21.10 km
Halbmarathon Nordic-Walking

Category:
Nordic Walking Frauen

Total time: 2:54:08

Speed: 7.24 km/h
Running performance: 8:15 min/km

Rank in course/Total: 4 (of 10)
Rank in course/Women: 2 (of 6)
Best time in course: 2:50:58

Rank in category: 2(of 6)
Best time in the category: 2:50:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.60	1:25:51	8:05	3	2:35	3	2:35	10.60	1:25:51	8:05	2	2:35	2	2:35
Last lap Ziel Inse	10.50	1:28:17	8:24	2	0:35	2	0:35	21.10	2:54:08	8:15	2	3:10	2	3:10