



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

Detailed evaluation

Grimm, Heike

Club: SG Aufbau Wasserwandern
Number: 1300

Course: 21.10 km
Halbmarathon Nordic-Walking

Category:
Nordic Walking Frauen

Total time: 3:08:34

Speed: 6.68 km/h
Running performance: 8:56 min/km

Rank in course/Total: 6 (of 10)

Rank in course/Women: 4 (of 6)

Best time in course: 2:50:58

Rank in category: 4 (of 6)

Best time in the category: 2:50:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.60	1:32:25	8:43	4	9:09	4	9:09	10.60	1:32:25	8:43	4	9:09	4	9:09
Last lap Ziel Inse	10.50	1:36:09	9:09	4	8:27	4	8:27	21.10	3:08:34	8:56	4	17:36	4	17:36