



8. Schlaubetal Marathon
Eisenhüttenstadt / 18.10.2014

Detailed evaluation

JAHN, Steffen

Club: VS-Hönow
Number: 1306

Course: 21.10 km
Halbmarathon Nordic-Walking

Category:
Nordic Walking Männer

Total time: 3:39:14

Speed: 5.77 km/h
Running performance: 10:23 min/km

Rank in course/Total: 10 (of 10)

Rank in course/Men: 4 (of 4)

Best time in course: 2:40:34

Rank in category: 4(of 4)

Best time in the category: 2:40:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	1:46:43	10:04	4	27:00	4	27:00	10.60	1:46:43	10:04	4	27:00	4	27:00
Last lap Ziel Inse	10.50	1:52:31	10:42	4	31:40	4	31:40	21.10	3:39:14	10:23	4	58:40	4	58:40