



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

**Peschke, Steffen**

Club: sc impuls erfurt e.V.

Number: 1314

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 46:45

Speed: 12.83 km/h

Running performance: 4:41 min/km

Rank in course/Total: 176 (of 637)

Rank in course/Men: 168 (of 493)

Best time in course: 31:35

Rank in category: 18(of 103)

Best time in the category: 41:32

### Intermediate times

### Stage score

### Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |       |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|-------|
|                   |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |       |
| Runde Langstrec   | 2.00        | 9:06          | 4:32            | 15          | 1:10           | 134         | 2:49          | 2.00          | 9:06          | 4:32            | 82          |                |            | 395           | 2:49  |
| Runde Langstrec   | 2.00        | 9:10          | 4:34            | 16          | 0:53           | 158         | 2:47          | 4.00          | 18:16         | 4:33            | 82          |                |            | 395           | 5:36  |
| Runde Langstrec   | 2.00        | 9:28          | 4:44            | 24          | 1:01           | 177         | 3:00          | 6.00          | 27:44         | 4:37            | 81          |                |            | 91            | 8:36  |
| Runde Langstrec   | 2.00        | 9:36          | 4:47            | 22          | 1:05           | 176         | 3:12          | 8.00          | 37:20         | 4:40            | 35          |                |            | 208           | 11:48 |
| Leichtathletikhal | 2.00        | 9:25          | 4:42            | 26          | 1:12           | 189         | 3:22          | 10.00         | 46:45         | 4:40            | 18          | 5:13           |            | 168           | 15:10 |