



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

Detailed evaluation

Zöllner, Marcel

Club: Lt-Bittermark

Number: 256

Course: 161.85 km

100MeilenBerlin

Category:

Senioren M30 (30-34 Jahre)

Total time: 21:09:56

Speed: 7.61 km/h

Running performance: 7:51 min/km

Rank in course/Total: 38 (of 296)

Rank in course/Men: 35 (of 247)

Best time in course: 13:40:11

Rank in category: 3(of 12)

Best time in the category: 18:26:45

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|---------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - S-Bahnhof | 6.93 | 39:35 | 5:42 | 4 | 6:59 | 45 | 7:19 | 6.93 | 39:35 | 5:42 | 4 | 6:59 | 45 | 7:19 |
| VP2 - Laufftreff Li | 5.70 | 32:02 | 5:37 | 4 | 4:52 | 31 | 6:06 | 12.63 | 1:11:37 | 5:40 | 4 | 11:51 | 41 | 13:25 |
| VP3 - Oranienbur | 5.47 | 30:52 | 5:38 | 4 | 4:54 | 35 | 7:06 | 18.10 | 1:42:29 | 5:39 | 4 | 16:45 | 38 | 20:30 |
| VP4 - Naturschut | 4.97 | 30:24 | 6:07 | 4 | 5:46 | 36 | 7:15 | 23.07 | 2:12:53 | 5:45 | 4 | 22:31 | 37 | 27:45 |
| VP5 - Frohnau | 6.80 | 39:20 | 5:47 | 3 | 4:19 | 30 | 9:02 | 29.87 | 2:52:13 | 5:45 | 4 | 26:36 | 34 | 36:41 |
| VP6 - Ruderclub | 4.06 | 27:34 | 6:47 | 4 | 5:18 | 56 | 9:05 | 33.93 | 3:19:47 | 5:53 | 4 | 31:54 | 37 | 45:46 |
| VP7 - Grenzturm | 4.75 | 28:25 | 5:58 | 2 | 3:40 | 32 | 7:37 | 38.68 | 3:48:12 | 5:53 | 4 | 29:26 | 35 | 53:23 |
| VP8 - Schönwald | 7.53 | 51:00 | 6:46 | 4 | 10:35 | 60 | 15:24 | 46.21 | 4:39:12 | 6:02 | 3 | 37:49 | 39 | 1:08:47 |
| VP9 - Falkenseer | 5.69 | 50:06 | 8:48 | 10 | 17:19 | 159 | 22:58 | 51.90 | 5:29:18 | 6:20 | 3 | 55:08 | 56 | 1:31:45 |
| VP10 - Karolinenl | 6.60 | 48:32 | 7:21 | 5 | 10:04 | 59 | 18:23 | 58.50 | 6:17:50 | 6:27 | 3 | 1:05:12 | 53 | 1:50:08 |
| VP11 - Pagel & Fi | 4.90 | 35:34 | 7:15 | 3 | 5:51 | 39 | 12:49 | 63.40 | 6:53:24 | 6:31 | 3 | 1:11:03 | 53 | 2:02:57 |
| VP12 - Schloss S | 7.62 | 1:04:34 | 8:28 | 3 | 11:26 | 65 | 28:47 | 71.02 | 7:57:58 | 6:43 | 3 | 1:22:29 | 52 | 2:31:44 |
| VP13 - Revierförs | 6.21 | 48:34 | 7:49 | 5 | 7:06 | 57 | 18:54 | 77.23 | 8:46:32 | 6:49 | 3 | 1:29:35 | 51 | 2:50:38 |
| VP14 - Brauhaus | 6.00 | 48:06 | 8:01 | 3 | 5:41 | 50 | 18:34 | 83.23 | 9:34:38 | 6:54 | 3 | 1:35:16 | 51 | 3:09:12 |
| VP15 - Gedenkst. | 6.90 | 1:04:01 | 9:16 | 6 | 18:13 | 121 | 29:18 | 90.13 | 10:38:39 | 7:05 | 3 | 1:53:29 | 53 | 3:38:30 |
| VP16 - Königswe | 6.87 | 56:19 | 8:11 | 4 | 8:28 | 45 | 22:35 | 97.00 | 11:34:58 | 7:09 | 3 | 1:57:22 | 50 | 4:01:05 |
| VP17 - Sportplatz | 6.20 | 55:27 | 8:56 | 3 | 12:09 | 44 | 23:50 | 103.20 | 12:30:25 | 7:16 | 3 | 2:09:31 | 47 | 4:24:55 |
| VP18 - Osdorfer | 6.49 | 49:23 | 7:36 | 4 | 8:22 | 33 | 15:26 | 109.69 | 13:19:48 | 7:17 | 3 | 2:13:44 | 45 | 4:40:21 |
| VP19 - Lichtenra | 5.71 | 45:31 | 7:58 | 3 | 10:24 | 43 | 16:12 | 115.40 | 14:05:19 | 7:19 | 3 | 2:12:22 | 43 | 4:56:33 |
| VP20 - Kirchhain | 4.35 | 42:12 | 9:42 | 4 | 11:56 | 65 | 17:54 | 119.75 | 14:47:31 | 7:24 | 3 | 2:23:01 | 42 | 5:14:27 |
| VP21 - Buckow | 6.15 | 49:20 | 8:01 | 4 | 6:41 | 32 | 14:20 | 125.90 | 15:36:51 | 7:26 | 3 | 2:27:45 | 42 | 5:28:47 |
| VP22 - Rudow | 4.97 | 55:50 | 11:14 | 8 | 20:27 | 116 | 34:27 | 130.87 | 16:32:41 | 7:35 | 3 | 2:41:20 | 41 | 5:55:58 |
| VP23 - Johannistl | 5.89 | 59:51 | 10:09 | 5 | 13:03 | 86 | 26:10 | 136.76 | 17:32:32 | 7:41 | 3 | 2:45:55 | 43 | 6:22:08 |
| VP24 - Dammwe | 5.64 | 52:57 | 9:23 | 5 | 8:49 | 51 | 21:16 | 142.40 | 18:25:29 | 7:45 | 3 | 2:52:51 | 40 | 6:43:03 |
| VP25 - Eas Side | 6.33 | 56:10 | 8:52 | 4 | 2:10 | 29 | 18:50 | 148.73 | 19:21:39 | 7:48 | 3 | 2:55:01 | 38 | 6:59:09 |
| VP26 - Checkpoir | 4.22 | 36:50 | 8:43 | 3 | 3:28 | 34 | 13:57 | 152.95 | 19:58:29 | 7:50 | 3 | 2:51:28 | 37 | 7:11:55 |
| VP27 - Gedenkst. | 4.12 | 34:52 | 8:27 | 1 | - | 20 | 10:09 | 157.07 | 20:33:21 | 7:51 | 3 | 2:43:51 | 37 | 7:20:23 |
| Friedrich-Ludwig | 4.78 | 36:35 | 7:39 | 2 | 1:18 | 39 | 12:12 | 161.85 | 21:09:56 | 7:50 | 3 | 2:43:11 | 35 | 7:29:45 |