



7. Lauf Rund um das Schaubergwerk Röhrigschacht Sangerhausen / 28.03.2015

Detailed evaluation

Helm, Frank

Club: Mühltauf - Verein Eisenberg / Thür. e.V.
Number: 109

Course: 5.10 km
5,1 km Nordic Walking/ Wandern

Category:

Herren

Total time: 51:51

Speed: 5.79 km/h

Running performance: 10:10 min/km

Rank in course/Total: 3 (of 32)

Rank in course/Men: 2 (of 12)

Best time in course: 48:02

Rank in category: 2(of 12)

Best time in the category: 48:02