



Detailed evaluation

Wittek, Dennis-Christopher

Total time: 1:46:14

Club: Tri-Speedys Peine

Number: 1

Course: 37.72 km

Rank in course/Total: 30 (of 53)

Carboo4U Duathlon Challenge

Rank in course/Men: 30 (of 46)

Best time in course: 1:22:11

Category:

Rank in category: 4(of 7)

SEN2 / TM 45

Best time in the category: 1:22:40

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lauf 1	4.70	24:08	5:08	5	6:42	37	6:51	4.70	24:08	5:08	5	6:42	37	6:51
Wechsel 1	0.01	1:04	106:39	2	0:03	11	0:13	4.71	25:12	5:21	5	6:45	37	6:57
Lauf Total	4.71	25:12	5:21	5	6:45	37	6:57	4.71	25:12	5:21	5	6:45	37	6:57
Rad netto	29.00	58:27	2:00	4	10:37	25	11:22	33.71	1:23:39	2:28	4	16:23	28	17:06
Wechsel 2	0.01	1:22	136:39	3	0:30	28	0:35	33.72	1:25:01	2:31	4	16:53	28	17:41
Rad Total	29.01	59:49	2:03	4	10:10	25	11:51	33.72	1:25:01	2:31	4	16:53	28	17:41
Lauf 2	4.00	21:13	5:18	5	6:41	34	6:41	37.72	1:46:14	2:48	4	23:34	30	24:03