



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Stark, Oliver

Total time: 1:36:31

Club: TSV Aue-Wingeshausen

Number: 229

Course: 25.70 km

Rank in course/Total: 86 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 69 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 6(of 7)

Senioren 1 (40-44 Jahre)

Best time in the category: 1:13:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	16:58	24:14	5	5:27	56	7:40	0.70	16:58	24:14	5	5:27	56	7:40
Wechsel S -> R	-	4:54	-	7	3:09	82	3:21	0.70	21:52	31:14	7	8:08	68	10:56
Schwimmen Total	0.70	21:52	31:14	7	8:08	68	10:56	0.70	21:52	31:14	7	8:08	68	10:56
Rad netto	20.00	46:16	2:18	6	10:06	66	12:29	20.70	1:08:08	3:17	6	17:22	68	23:24
Wechsel R -> L	-	2:23	-	5	0:57	70	1:20	20.70	1:10:31	3:24	6	18:19	67	24:36
Rad Total	20.00	48:39	2:25	6	10:43	67	13:41	20.70	1:10:31	3:24	6	18:19	67	24:36
Lauf	5.00	26:00	5:12	5	4:29	66	8:32	25.70	1:36:31	3:45	6	22:48	69	32:36